

2012 LIFE ENERGY-CONSCIOUSNESS SUMMIT

Living Today — Preparing for Tomorrow

to be held at Jardin del Sol near Tepoztlan, Mexico

ou are stressed. Of course, you are. If you aren't you don't know what's happening. Two wars, tsunami/nuclear problems in Japan, U.S. economy in the toilet, house mortgage upside down and more.

But those two fellows in the photo don't look stressed, and they live in the same world you do. What do they know that you don't? They know how to take the life-lemons thrown at them and turn them into life-lemonade. And they can show you how to do that. They can show you how to use your brain, body and belly to change your outlook and live a fuller, happier life. So, who are these guys and how can they promise such dramatic changes?

These guys are Viktoras Kulvinkas on the left, and Dr. Edwin Riley on the right. Edwin is a pioneer in Mind/Body Medicine and Stress Reduction and Viktoras is the co-founder of Hippocrates Health Institute and a world renowned raw food expert.

Recent books by the pair are: "Stress Rx: 103 Prescriptions for Overcoming Stress and Achieving Lifelong Happiness" by Dr. Riley and "Survival in the 21st Century" by Rev. Kulvinkas

Viktoras and Edwin will lead the Summit. Assisting Edwin and Viktoras will be Civil Rights Activist and Hall of Fame Comedian; Eddie Brill, Comedian and Writer on the David Letterman show for 16 years, and many local musicians, poets and puppeteers.

The entire week will be filmed as a historical documentary by noted Filmmaker Tiahoga "Yogi" Ruge, a Fell-ini-trained filmmaker and Director of a soon-to-be released Italian documentary film on Fellini's life. She also produced a documentary interpreting the Mayan Calendar and its significance as prophecy revealed through hieroglyphics. The movie will be co-produced by Dr. Edwin Riley and Viktoras Kulvinskas.

This history making event, subtitled, "Living Today – Preparing for Tomorrow," can accept only 108 students. It will be held at Jardin del Sol near Tepoztlan, Mexico. The location is considered by Mexicans to be the spot on the earth with the highest vibrational energy and is often referred to as "The Sacred Valley."

A portion of the Summit proceeds will go to support sustainable education at a holistic school and orphanage near Santo Domingo, Mexico.

Save the Date for this Powerful Event!

To register for this event go to: www.funandbliss.org

Day-by-Day program on back



Dec. 28, 2011

- Arrival Jardin del Sol
- Introduction of primary presenters for the 2012 Energy-Consciousness Summit
- Orientation and Opening Ceremonies with singing bowls, Maya shaman prayer, "huggassage," and group hand-holding chanting.
- Dinner with Flamenco music

Dec. 29, 2011

- Theme "WHO ARE WE?"
- Short bus ride to day's events in "Sacred Valley" near Santo Domingo.
- Connecting with the Land; stepping between two dimensions; Creating inner peace. Chi Kung (Qigong). Breathing, contemplation, silence.
- Meal preparation on lawn surrounded by the mystical mountains. Afternoon filled with dancing, performances, connectedness.

Dec. 30, 2011

- Theme "WHERE ARE WE?"
- Short excursion into Tepoztlan. Hiking to Aztec pyramid Tepozteco overlooking pueblo and valley. Brief shaman ceremony at pyramid.

(Some participants may not be able or want to make the hour and a half hike up the mountain. Options are visits to ex-convent, marketplace and sightseeing in Tepoztlan).

Dec. 31, 2011

- Theme: "WHAT DO I WANT FOR THE NEW YEAR 2012?"
- Lectures, workshops, food, health, ecology, arts, spirituality. Local artisans on display. New Year's Eve party. Fireworks, band, dancing.

Jan. 1, 2012

- Theme "EMBRACING THE NEW YEAR."
- FREE DAY suggestions: shopping in Tepoztlan. Sacred mountains hikes. Go to Pyramid Tepozteco. Rest, relaxation, meditation. Anything you want.
- Late afternoon/evening panel with experts on the Mayan Calendar and 2012.

Jan. 2, 2012

• Theme: "HARVESTING THE CELEBRATION OF 2012" with music, dance, cleansing, poetry, kids performance.

Jan. 3, 2012

- Theme: "BRINGING MIND BODY AND SPIRIT HOME"
- NOTE: The ceremonial temazcal will be offered daily.
 Closing Ceremonies. Gathering in Circle. Celebration.

Jan. 4, 2012

- Departure.
- Brief closing ceremony at daybreak.

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ARTISTS IN TEPOZTLAN • SUSANA DULTZIN, COORDINATOR

Muicians: Jim Doney, Ignacio Maldonado, Guillaume Pouget, Estusha Grinberg, Joe Osborne, Marisa De Lille, Emil Israel, Guillermo Y Oscar

Poets: Andres King, Alberto Blanco, Inocencio, Elsa Cross, Dance Athenea Baker, Roxana Bentes, Claire, Mariana Nalda Puppeteers: Sergio Guevara Quetzalcoatl As A Big Puppet, Shamans Andres Hernandez, Tepoz, Antonio Oxteik, Maya, Angela Mendez and Oaxacan Shamans